



July 2026

Year 3 Swimming Lessons

Dear Parents/Carers,

I am very pleased to let you know that Year 3 will participate in swimming lessons this year. As swimming is such an essential, potentially life-saving skill, we have decided to embark on a two-week intensive course for our children. Not only could swimming save your child's life, it is also an enjoyable sport which will hopefully develop health and confidence. Learning to swim also opens the door to a range of other activities.

Swimming will take place at the Oaklands Community Pool. The children will be walked to and from Oaklands, and we have exclusive use of the pool. Swimming sessions will take place **every afternoon** for two weeks. The first session will take place on **Monday 6th July** and last session will be on **Friday 17th July**.

All children will need the following:

- Towel
- Swimming costume (girls must not bring a bikini style costume)
- Swimming hat (**this is compulsory**)
- Suitable bag for these to go in (we recommend a plastic bag for wet items)
- Goggles and earplugs are optional
- All jewellery **MUST** be removed

Children will be responsible for their own bags and will need to remember to take everything with them and bring it back. Children should take their bag home with them after swimming so that items can be dried for the next day.

Swimming lessons are a component of the National Curriculum so children will need to participate and have their swimming bag with them in school throughout the two weeks.

If there are any changes to your child's medical history, please see the school office to update your child's medical form. Please see your child's teacher if you have any questions regarding swimming.

Best wishes,

Emily Cooper
Year 3 Year Leader