

SOUTHAMPTON MENTAL HEALTH IN SCHOOLS TEAM

Join us for our upcoming workshop on:

Understanding Behaviour

A Workshop for Parents and
Care givers



All children show behaviours which can be difficult to understand and manage at times.



This workshop is for parents and care givers to understand more about why children show challenging behaviours and learn some tools to help with managing behaviour at home.



Wednesday 17th June 2026
1:55 arrival - 2-3pm workshop.
Fairisle Junior School.

To sign up please complete the google form so we have an idea of numbers

The Mental Health in Schools Team are an NHS service who work in schools across Southampton.