

Diary Writing Prompt Mat



Include the date
and/or time



Use the words I, me,
my, our and we



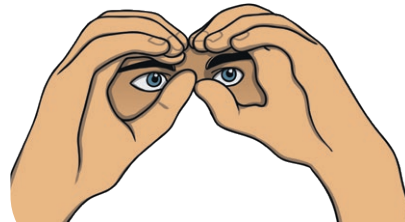
Describe your
feelings



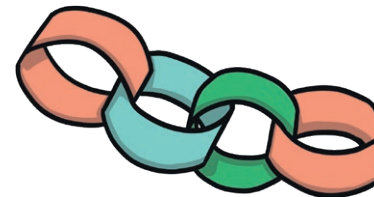
Describe events that
happened



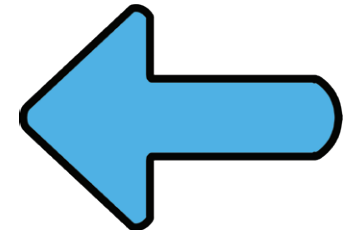
Write about the most
important event or
feeling first



Write as though you
were there



Use words to link
time, e.g. first, next,
then



Write in the past
tense, e.g. went, felt,
saw