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Monday 19th January 2026

Wearing of Jewellery in P.E. Lessons

Dear Parent/Carer,

I am writing to advise you that the wearing of jewellery in P.E. will in future no longer be allowed. Southampton City Council guidance on this is clear and fully endorsed by the school. Tape cannot be worn to mitigate risk, nor can parents or carers assume the risk that the wearing of jewellery carries. In future, if a child is wearing jewellery, they will not be able to participate in P.E. I have copied the relevant guidance below for your information:

The wearing of jewellery, earring and ear-studs (metal or plastic) should not be permitted on safety grounds during physical education lessons and other sporting activities such as out of hours school learning or competitive fixtures. This includes body piercings such as tongue studs or belly button jewellery.

These items represent a potential hazard not only to the wearer but also to other children. Medical advice confirms that any jewellery worn in physical education lessons is an unnecessary risk and should be avoided at all times. Serious accidents have occurred as a result of contact between pupils wearing earrings or studs and other pupils or equipment, thus damaging the ear, or where items of jewellery have caught in apparatus and torn the ear lobe.

Headteachers are advised to prohibit the wearing of earrings and ear-studs in all aspects of physical activity where these could present a hazard to the wearer and to others.

Newly pierced ears can take a period of up to six weeks before sleepers and studs can be removed. Please ensure that ears are pierced at the start of the summer holidays to allow sufficient time for earrings to be safely removed.

Thank you for your support.

Best wishes,

Robin Hayes
Headteacher

