

Fairisle Junior School Overview of PSHE 2025-2026

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
	Black History Month	Anti-Bullying Week	LGBTQ+ Month	Mental Health/ SRE/ Lifestyle and Managing Money		
Year 3	<p>New Beginnings x1 lesson Context: Inside Out British values: Mutual respect & tolerance</p>	<p>Anti-Bullying Week Context: The Sneeches British values: Mutual respect & tolerance</p>	<p>LGBTQ + Context: Different Types of Family British values: Mutual respect & tolerance</p>	<p>Managing Feelings vs. Physical Health (inc. oral hygiene, spreading germs, allergies, immunisation and vaccinations) British values: Personal freedom and mutual respect</p>	<p>Valuing Differences and Keeping Safe (SRE) British values: Mutual respect & personal freedom</p>	<p>Keeping Safe – at home & in the community including road safety & sustainable travel British Values: Mutual respect, personal freedom and the rule of law</p>
	<p>Black History Month Context: Segregation Focus: Equality and Diversity British values: Mutual respect & tolerance</p>	<p>Jobs, Gender Identity & Stereotyping Mutual respect, personal freedom and the rule of law</p>	<p>Safer Internet day (Through computing) Context: PEGI ratings and time spent online Focus: Mental Health British values: Personal freedom</p>		<p>Money – 1.5 hours Link to maths Focus: Understanding the value of money British values: Personal Freedom</p>	
	<p>Keeping Safe Context: Safeguarding Focus: Abuse British values: Mutual respect, Personal Freedom and Rule of Law</p>					
Year 4	<p>Black History Month Context: Segregation and Rosa Parks Focus: Equality and Diversity British values: Mutual respect & tolerance</p>	<p>Anti-Bullying Week Focus: The role of the bystander British values: Mutual respect, tolerance & personal freedom</p>	<p>LGBTQ+ Context: Families (same sex parents, changes & bereavement) Focus: Diversity British values: Mutual respect & tolerance</p>	<p>What is mental health? Focus: Mental vs. physical health British values: personal freedom and mutual respect</p>	<p>Animal Conservation Mutual respect & personal freedom Context: Marwell and Greta and the Giants Focus: Deforestation British values: Personal freedom</p>	<p>Being healthy (inc. Tobacco, vaping, Alcohol and food) British values: Mutual respect, personal freedom and the rule of law</p>
	<p>Keeping Safe Context: Safeguarding Focus: Abuse, including online abuse British values: Mutual respect, Personal Freedom and Rule of Law</p>	<p>Growing up (SRE) including periods This needs to be flexible to meet the cohort's needs Focus: Puberty British values: Mutual respect & personal freedom</p>	<p>Safer Internet day (Through computing) Context: Cyberbullying Focus: Mental Health British values: Personal freedom, mutual respect and tolerance</p>			<p>Managing Money – 1.5 hours Link to maths Focus: The importance of budgeting British values: Personal Freedom</p>
Year 5	<p>Black History Month Context: Space Focus: Equality and Diversity British values: Mutual respect, tolerance & rule of law</p>	<p>Anti-Bullying Week Context: The Grinch Focus: Restorative Practice British values: Mutual respect, tolerance & personal freedom</p>	<p>LGBTQ+ Focus: Homophobic Language British values: Mutual respect, tolerance and the rule of law</p>	<p>Mental health and mental illness (self-harm) vs. physical health British values: Mutual respect and personal freedom</p>	<p>Managing Money – 1.5 hours Link to maths. Wants and needs. Focus: What influences our spending? British values: Mutual respect and personal freedom</p>	<p>Disabilities Focus: Equality and Diversity British Values: Mutual respect, Rule of law</p>
	<p>Keeping Safe Context: Safeguarding Focus: Abuse and harassment British values: Mutual respect, Personal Freedom and Rule of Law</p>	<p>Resilience and work ethic Focus: Developing a growth mindset British Values: Personal freedom</p>	<p>Safer Internet day (Through computing) Context: Unhealthy comparisons Focus: Mental Health British values: Mutual respect and personal freedom</p>	<p>Revise puberty (SRE) + myths, taboos and removing stigma British values: Mutual respect</p>	<p>Enterprise British values: Personal freedom, democracy and the rule of law</p>	

Year 6	<p>Black History Month Context: British Black History (including Stephan Lawrence) and why we should celebrate it <i>Focus: Equality and Diversity</i> British values: Mutual respect & tolerance</p>	<p>Anti-Bullying Week <i>Focus: Impact on mental health</i> British values: Mutual respect, tolerance & personal freedom</p>	<p>LGBT History Month (February) Context: Stonewall Riots British values: Mutual respect & tolerance</p>	<p>Body Image & the Media (refer to consent) <i>Focus: Impact appearance ideals can have on your mental health</i> British values: Mutual respect, tolerance & personal freedom</p>	<p>Revise reproduction + period poverty and the impact on the environment British values: Mutual respect and personal freedom</p>	<p>Moving On (Including a focus on illegal drugs & peer pressure and refer to consent) Context: Transition to secondary <i>Focus: How to manage change</i> British values: Mutual respect, tolerance, rule of law & personal freedom</p>
	<p>Keeping Safe Context: Safeguarding <i>Focus: Abuse and harassment, including sexual harassment</i> British values: Mutual respect, Personal Freedom and Rule of Law</p>	<p>Reproduction (SRE) and revision of puberty (refer to consent) <i>Focus: Reproduction</i> British values: Mutual respect & personal freedom</p>	<p>Safer Internet day (Through computing) <i>Focus: Mental Health</i> British values: rule of law, mutual respect and personal freedom</p>		<p>Money – 1.5 hours Link to maths <i>Focus: The impact money can have on mental health</i> British values: Mutual respect and personal freedom</p>	