



February 2024

Sex & Relationships Education

Dear Parents and Carers,

As part of our PSHE & Science curriculum, your child will be taught a unit this half term focusing on reproduction. The children will be taught the correct terminology for the sexual organs and recap their learning on the changes that they will experience during puberty. The children will also learn about myths and taboos linked to menstruation. The lessons will be supported by the use of BBC's Operation Ouch educational video to help the children understand the process of puberty. Please find the link, should you wish to watch this prior to the lessons being taught: <https://www.bbc.co.uk/iplayer/episode/b0759l4k/operation-ouch-specials-dont-panic-about-puberty>.

In accordance with our school policy, we would like to give you the opportunity to discuss the content of what is going to be taught or preview the lesson plans and activities that we will use. We would like to invite you into school to do so on Thursday 14th March at 2:45pm. If you are unable to make this time but would like to know more about what is going to be taught, please contact the office to make them aware or write a note in your child's planner and we will send the information home for you. If you would like to discuss any aspects of the learning, please get in contact with your child's class teacher in the same way.

Thank you for your support, as always we are here to help with anything at all.

Best wishes,

Abi Saunders
Year 5 Leader

Charlotte Thornton
PSHE Leader