L.O. I am learning to explain the changes that happen as you move into adolescence.

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Look at these scenarios. What advice would you give to these children? Write down what you would say to them.

I have a lesson in room 3 first period and then next lesson it is all the way over on the other side of the school. I can't really remember how to get there either.

Help! What should I do?

I forgot my homework! I did it late last night but left it on the kitchen side! The teacher I have is really strict and I am really scared to go to the lesson. I could say I am sick...

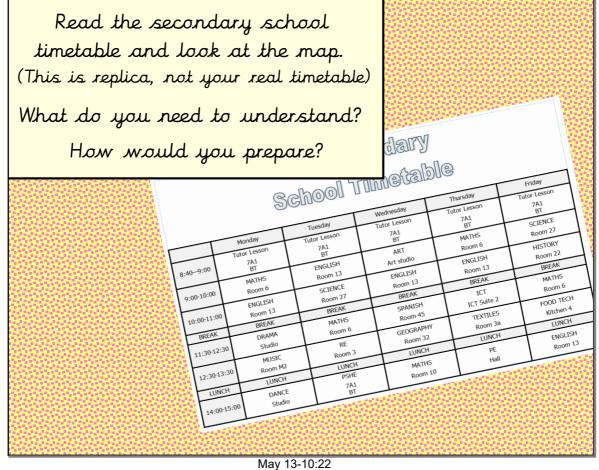
Help! What should I do?

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What qualities or skills do Year 6 children need to develop to make sure they're ready for Year 7?



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At primary school, you are in the same few classrooms all day and your teachers tell you where to go. They tell you what you need and remind you LOTS! They also speak to your parents who will help you too e.g. sending letters home/tweets!

How is secondary school going to be different?

How could you improve your selforganisation?

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Mind-map your thoughts and feelings (maybe pictures too). Writing things down can help you de-stress and ease your nerves.

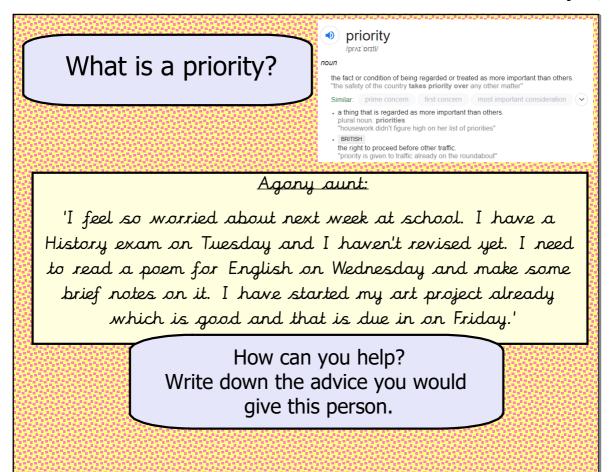
Make a list of the homework you have this week and prioritise it.

Plan how you will spend your time including homework and relaxing.

Pack your bag the night before. Brainstorm the equipment you need.

Create a table. Your own timetable which includes after-school activities too.

Plan your route to school. You may want to do a practise run before!



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