

Life in the trenches was very difficult Trenches were long, narrow ditches dug by the soldiers to help stop the enemy moving forward In between the trenches was an empty space known as no-man's land. They were often very muddy, smelly and full of diseases The men were scared as they could have been killed by trench foot, cholera or the enemy. On Christmas day in 1914, the soldiers called a truce from the war. They played football against each other in no-man's land

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