Fairisle Junior School Overview of PSHE 2026-2027

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
	Black History Month	**Anti-Bullying Week**	**LGBTQ+ Month**	**Mental Health/ SRE/ Lifestyle and Managing Money**		
Year 3	**New Beginnings x1 lesson** Context: Inside Out **British values: Mutual Respect**	**Anti-Bullying Week** **British values: Mutual Respect**	**LGBTQ+** Context: Different Types of Family **British values: Mutual Respect & Rule of Law**	**Managing Feelings vs. Physical Health (inc. oral hygiene, spreading germs, allergies, immunisation and vaccinations)** **British values: Mutual Respect and Individual Liberty**	**Valuing Differences and Keeping Safe (SRE)** **British values: Mutual Respect**	**Keeping Safe – at home & in the community** Context: Hazards **British Values: Individual Liberty**
	Black History Month Context: The Sneetches ***Focus: Equality and Diversity*** **British values: Mutual Respect & Tolerance**	**Jobs, Gender Identity & Stereotyping** **British values: Mutual Respect, Individual Liberty and Rule of Law**	**Safer Internet day (Through computing)** Context: PEGI ratings and time spent online ***Focus: Mental Health*** **British values: Individual Liberty**		**Money** **Link to maths** ***Focus: Understanding the value of money*** **British values: Individual Liberty**	
	Keeping Safe Context: Safeguarding ***Focus: Abuse*** **British values: Mutual Respect, and Rule of Law**	**Vaccinations and Immunisations** **British values: Individual Liberty**				
Year 4	**Black History Month** Context: Segregation and Rosa Parks ***Focus: Equality and Diversity*** **British values: Mutual Respect & Tolerance**	**Anti-Bullying Week** ***Focus: The role of the bystander*** **British values: Mutual Respect and Individual Liberty**	**LGBTQ+** Context: Families (same sex parents, changes & bereavement ***Focus: Diversity*** **British values: Mutual Respect & Rule of Law**	**What is mental health?** ***Focus: Mental vs. physical health*** **British values: Mutual Respect and Individual Liberty**	**Animal Conservation** Context: Marwell and Greta and the Giants ***Focus: Deforestation*** **British values: Mutual Respect and Individual Liberty**	**Being healthy (inc. Tobacco, vaping, Alcohol and food)** **British values: Mutual Respect, Individual Liberty and Rule of Law**
	Keeping Safe Context: Safeguarding ***Focus: Abuse, including online abuse*** **British values: Mutual Respect and Rule of Law**	**Growing up (SRE) including periods** ***This needs to be flexible to meet the cohort's needs*** ***Focus: Puberty*** **British values: Mutual Respect & Individual Liberty**	**Safer Internet day (Through computing)** Context: Cyberbullying ***Focus: Mental Health*** **British values: Individual Liberty and Mutual Respect**			**Managing Money** ***Focus: The importance of budgeting*** **British values: Individual Liberty**
Year 5	**Black History Month** Context: Nelson Mandela ***Focus: Equality and Diversity*** **British values: Mutual Respect , Tolerance & Rule of Law**	**Anti-Bullying Week** Context: The Grinch ***Focus: Restorative Practice*** **British values: Mutual Respect and Individual Liberty**	**LGBTQ+** ***Focus:* Homophobic Language** **British values: Mutual Respect, Rule of Law and Individual Liberty**	**Mental health and mental illness vs. physical health** **British values: Mutual Respect and Individual Liberty**	**Managing Money** **Wants and needs.** ***Focus: What influences our spending?*** **British values: Individual Liberty**	**Disabilities** ***Focus: Equality and Diversity*** **British Values: Mutual Respect and Rule of Law**
	Keeping Safe Context: Safeguarding ***Focus: Abuse and harassment*** **British values: Mutual Respect and Rule of Law**	**Resilience and work ethic** **Focus: Developing a growth mindset** **British Values: Individual Liberty**	**Safer Internet day (Through computing)** Context: Unhealthy comparisons ***Focus: Mental Health*** **British values: Mutual Respect and Individual Liberty**	**Revise puberty (SRE)** **+ myths, taboos and removing stigma** **British values: Mutual Respect and Individual Liberty**	**Enterprise** **British values: Individual Liberty and Democracy**	
Year 6	**Black History Month**	**Anti-Bullying Week** ***Focus: Impact on mental health***	**LGBT History Month (February)** Context: Stonewall Riots **British values: Mutual respect & tolerance**	**Body Image & the Media (refer to consent)** ***Focus: Impact appearance ideals can have on your mental health***	**Revise reproduction** **+ period poverty and the impact on the environment** **British values: Individual Liberty**	**Moving On (Including a focus on illegal drugs & peer pressure and refer to consent)** Context: Transition to secondary

	Context: British Black History (including Stephen Lawrence) and why we should celebrate it ***Focus: Equality and Diversity*** **British values: Mutual Respect & Tolerance**	**British values: Mutual Respect and Individual Liberty**		**British values: Mutual Respect and Individual Liberty**		***Focus: How to manage change*** **British values: Mutual Respect, Rule of Law and Individual Liberty**
	Keeping Safe Context: Safeguarding ***Focus: Abuse and harassment, including sexual harassment*** **British values: Mutual Respect and Rule of Law**	**Reproduction (SRE) and revision of puberty (refer to consent)** ***Focus: Reproduction*** **British values: Mutual Respect, Individual Liberty and Rule of Law**	**Safer Internet day** **(Through computing)** ***Focus: Mental Health*** **British values: rule of law, mutual respect and personal freedom**		**Money** ***Focus: The impact money can have on mental health*** **British values: Mutual Respect and Individual Liberty**	