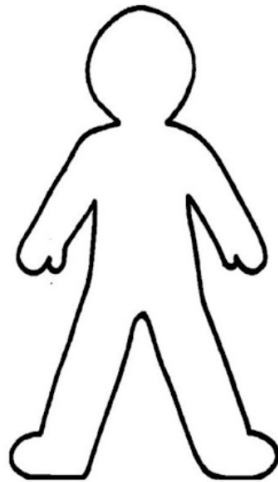


LO: To understand how online comparisons might effect my mental health

My Digital Self



To stay safe online and look after my mental health, my Golden Rule is.....

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