

DT Lesson 1:

LO: I am learning to understand where our food comes from.



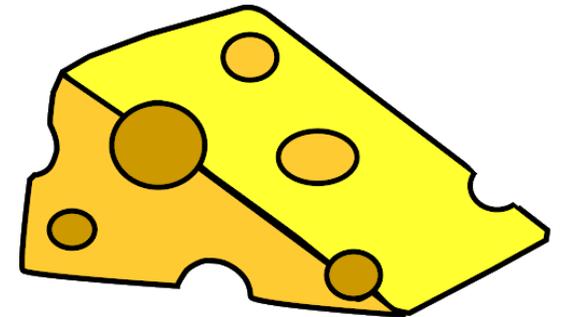
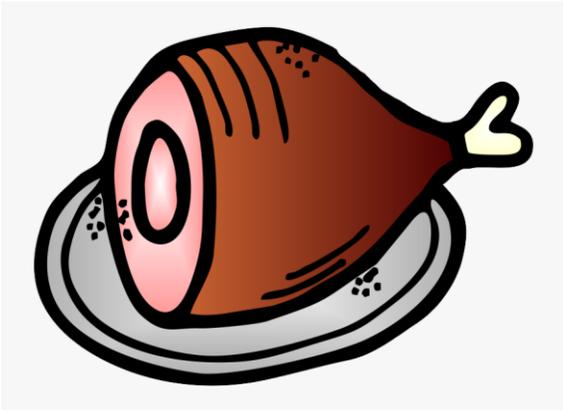
Would You Rather...

**...be limited with the amount of TV you watch or
online games you play?**



Now let's put it into context!

Would You Rather...



**...be limited with the amount of bacon/ham or cheese
you can eat?**

This is 2021...

What food do we have available to us now?

Have a think...

Which foods are limited?

Are we lucky with what we have?

Do you think we have a varied diet?

So, where does our food come from?



Food Miles



What do you think
food miles are?

Why should we
worry about them?

Now let's travel back to 1942...



Rationing began on 8th January 1940 when bacon, butter and sugar were rationed. By 1942 many other foods, including meat, milk, cheese, eggs and cooking fat were also 'on the ration', which meant they were limited.

So what did people eat during the war if food was limited?

Make a list of food that you think families in 1942 may have eaten.

We will compare this with our research into wartime food, recipes and rationing **NEXT LESSON!**

Remember...



Food miles is the distance that our food travels from the time it's made or picked until it reaches us!

Did you know...

Each of us travels around 135 miles a year in the car to do our **food** shopping!

This is **NOT GOOD** for our carbon footprint!