

### Winter Menu (3 Choice) Nov 2021 - March 2022

## Week 1 Week commencing: 1st & 22nd Nov, 13th Dec, 17th Jan, 7th Feb, 7th & 28th Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
1 <sup>st</sup> Choice	Bubble salmon	Beef Bolognese	5 bean chilli	Roast Chicken, stuffing and gravy	Fish bites
2 <sup>nd</sup> Choice	Vegetarian sausages	Cheese and tomato pizza	Butternut squash macaroni cheese and garlic bread	Vegetable parcel and gravy	Vegetable and cheese pinwheels
3 <sup>rd</sup> Choice	Hidden vegetable pasta	Jacket potato with Tuna and sweetcorn mayonnaise	Jacket potato with Cheese	Pea and leek pasta	Jacket potato with baked beans
Vegetable/Salad Selection	Potato wedges Green beans Carrots Seasonal salad	Diced potato Broccoli Winter coleslaw Seasonal salad	Rice Peas and sweetcorn Seasonal salad	Roast potatoes Seasonal vegetables Seasonal salad	Chips Pea Baked beans Seasonal salad
Dessert	Chocolate and banana sponge with chocolate sauce Fresh fruit platter or yoghurt	Natural yoghurt with toppings Fresh fruit platter or yoghurt	Pancakes with fruit compote Fresh fruit platter or yoghurt	Jelly and whip  Fresh fruit platter or  yoghurt	Fruit wedges with mini flapjack Fresh fruit platter or yoghurt

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### Winter Menu (3 Choice) Nov 2021 - March 2022

# Week 2 Week commencing: 8<sup>th</sup> & 29<sup>th</sup> Nov, 3<sup>rd</sup> & 24<sup>th</sup> Jan, 14<sup>th</sup> Feb, 14<sup>th</sup> March and 4<sup>th</sup> April

	Monday	Tuesday	Wednesday	Thursday	Friday	
1 <sup>st</sup> Choice	Chicken and leek pie	Turkey sweet and sour with rice	Vegan sausage roll	Yorkshire pudding filled roast beef strips and gravy	Breaded fish	
2 <sup>nd</sup> Choice	Vegetable goujons	Cheese and tomato pizza	7 vegetable pasta	Yorkshire pudding filled with savoury vegetarian mince	Chickpea patties	
3 <sup>rd</sup> Choice	Hidden vegetable pasta	Jacket potato with tuna and sweetcorn mayonnaise	Jacket potato with Cheese	Hidden vegetable pasta	Creamy mushroom pasta	
Vegetable/Salad Selection	Mashed potato Green beans Carrots Seasonal salad	Potato crispers Peas Winter coleslaw Seasonal salad	Potato wedges Broccoli Sweetcorn Seasonal salad	Roast potatoes Seasonal vegetables Seasonal salad	Chips Peas Baked beans Seasonal salad	
Dessert	lce cream Fresh fruit platter or yoghurt	Natural yoghurt with topping Fresh fruit platter or yoghurt	Fruit crumble and custard Fresh fruit platter or yoghurt	Jelly and whip Fresh fruit platter or yoghurt	Fruit wedges and m shortbread finger Fresh fruit platter o yoghurt	



#### Winter Menu (3 Choice) Nov 2021 - March 2022

### Week 3 Week commencing: 15<sup>th</sup> Nov, 6<sup>th</sup> Dec, 10<sup>th</sup> & 31<sup>st</sup> Jan, 28<sup>th</sup> Feb and 21<sup>st</sup> Mar

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	Monday	Tuesday	Wednesday	Thursday	Friday		
1 <sup>st</sup> Choice	Pork Sausages	Tuna and sweetcorn pasta bake	Vegetarian lasagne with garlic bread	Roast Chicken, stuffing and gravy	Fish Fingers		
2 <sup>nd</sup> Choice	Chickpea, coconut and spinach curry	Cheese and tomato pizza	Quorn nuggets	Cauliflower and broccoli bake with a cheesy crumb top	Bean and lentil burger		
3 <sup>rd</sup> Choice	Jacket potato with Baked bean	Jacket potato with Ratatouille	Jacket potato with cheese	Hidden vegetable pasta	Cheese and broccoli pasta		
Vegetable/Salad Selection	Mashed potato Rice Baked beans Carrots Seasonal salad	Diced potato Broccoli Winter coleslaw Seasonal salad	Potato crispers Peas Seasonal salad	Roast potatoes Seasonal vegetables Seasonal salad	Chips Pea and sweetcorn medley Seasonal salad		
Dessert	Pear blondie Fresh fruit platter or yoghurt	Natural yoghurt with toppings Fresh fruit platter or yoghurt	Apple and cinnamon muffin Fresh fruit platter or yoghurt	Fruit wedges with mini chocolate crunch Fresh fruit platter or yoghurt	Warm fruit sponge and custard Fresh fruit platter or yoghurt		