

Ruby's worry

1. Think of some things that made Ruby feel happy in the beginning of the story.
2. Can you think of some things that make you feel happy?
3. Once Ruby discovers a worry, she no longer feels happy. Can you think of anything Ruby could do to feel happy again?
4. How did Ruby get rid of her worry in the end of the book?
5. Do you think this would work for other people's worries?
6. What did Ruby learn about being worried?
7. What have you learnt about being worried?
8. Has there ever been a time where something like this has happened to you? Have you ever felt worried about something?
9. Ruby and the little boy shared their worries, how did this make them feel?
10. Can you think of someone you feel comfortable sharing your worries with?