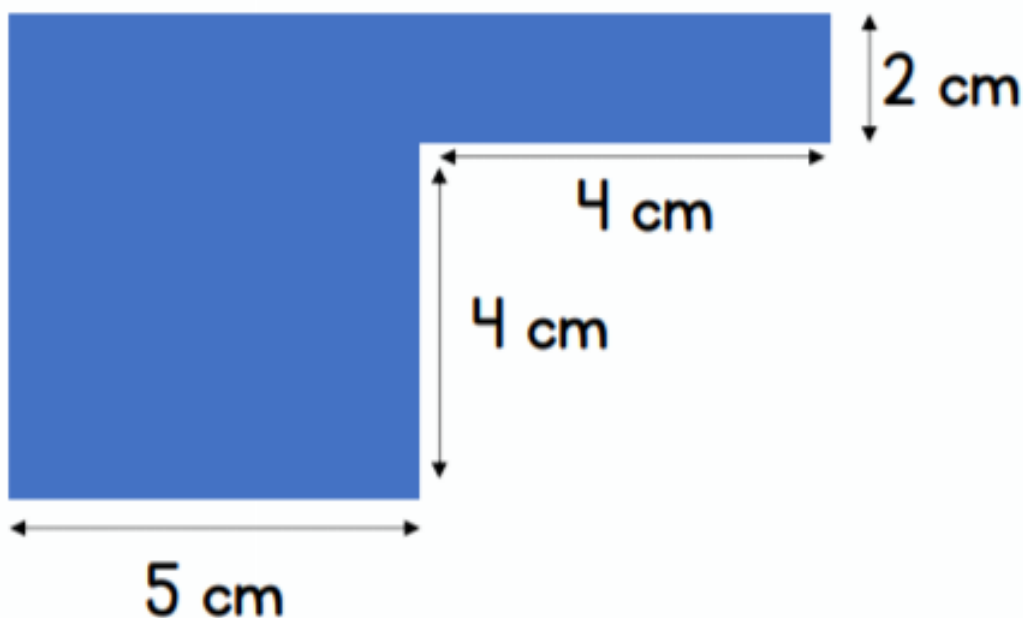


False

It depends on the lengths given. For example, this is the same compound shape, but the same method gives a different answer.



$$4 \times 2 = 8$$

$$4 \times 5 = 20$$

$$8 + 20 = 28$$

$$\text{Area} = 28 \text{ cm}^2$$