

FAIRISLE JUNIOR SCHOOL SUMMER MENU 2018

WEEK COMMENCING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 17/09/18 07/10/18	Barbecue Chicken Fillet Garden Vegetable Goujons Quorn Burger in a Bun Baked Potato Wedges Pasta Sweetcorn/Broccoli Cookie	Lamb Grill in a Bun Cheese & Tomato Pizza Cheesy Pasta Potato Salad Peas/Coleslaw Cold Dessert Selection	Chicken Bacon & Sweetcorn Pie Summer Roasted Vegetable Pasta with Garlic Bread Jacket Potato with Choice of Filling Mashed Potato Green Beans/Carrots Fruit Salad with Mini Shortbread	Pork Roast with Stuffing Veggie Pasty Veggie Ball Sub Roast Potatoes Seasonal Vegetables Selection of Yoghurts	Fish Fingers Veggie Sausages Cheese & Tomato French Bread Pizza Chips Peas Berry & Apple Muffin
WEEK 2 04/09/18 24/09/18 15/10/18	Sausage Roll Veggie Bolognese with Pasta Jacket Potato with Choice of Filling Potato Waffles Sweetcorn/Broccoli Fruit Sponge	Bubble Crumb Salmon Cheese & Tomato Pizza Pasta Napoli Pasta Salad Coleslaw/Peas Ice Cream/Iced Fruit Smoothies	Chicken Curry Baked Spanish Omelette Quorn Pattie in a Bun Rice/Seasonal Vegetables Cold Chocolate & Pear Brownie	Beef Roast Veggie Balls in Gravy Chicken Wrap Roast Potatoes Cabbage/Carrots Selection of Yoghurts	Crispy Cod Quorn Dippers with a Selection of Sauces Cheese Ploughman's Chips Peas/Baked Beans Fruit Cookie
WEEK 3 10/09/18 01/10/18	Summer Chicken Pasta with Garlic Bread Sweet Potato & Lentil Curry with Rice BLT Wrap Seasonal Vegetables Chocolate Sponge	Mexican Fajita Cheese & Tomato Pizza Fish Goujons Baked Potato Wedges Coleslaw/Sweetcorn Pineapple	Pork Sausages with Gravy Veggie Enchilada Quorn Burger Mashed Sweet/Plain Potato Baked Beans Cold Dessert	Chicken Roast with Stuffing Vegetarian Sausage Turnover Roasted Vegetable Wrap Roast Potatoes Broccoli/Carrots Selection of Yoghurts	Fish Fingers Macaroni Cheese with Garlic Bread Sweet Potato Falafels with Yoghurt & Mint Chips Peas Tropical Flapjack

Salad selection available every day
 Dessert: Yoghurt or fresh fruit available daily as an alternative dessert.
 Freshly Baked Bread is available every day as an additional menu item