

FAIRISLE JUNIOR SCHOOL WINTER MENU 2018-2019

WEEK COMMENCING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 29/10/18 19/11/18 10/12/18 14/01/19 04/02/19 04/03/19 25/03/19	Chicken Curry with Rice Macaroni Cheese with Garlic Bread Jacket Potato with a choice of filling Peas and Sweetcorn Fruity Flapjack	Bubble-Crumb Salmon Cheese & Tomato Pizza Pasta Napoli Potato of the Day Green Beans/Coleslaw Cold Dessert Selection	Beef Burger in a Bun Veggie Bolognese with Pasta Wrap of the Day Southern Style Potato Wedges Seasonal Vegetables Mini Shortbread with Fruit Wedges	Pork Roast with Stuffing Veggie Sausages with Stuffing Sweet Potato Falafels with Yoghurt and Mint Sauce Roast Potatoes Winter Vegetables Selection of Yoghurts	Crispy Cod Cheese and Potato Pasty Quorn Burger in a Bun Chips Peas/Carrots Winter Fruit Muffin
WEEK 2 05/11/18 26/11/18 17/12/18 21/01/19 11/02/19 11/03/19 01/04/19	Barbecue Chicken Fillet Quorn Pattie Fish Goujons Potato Waffles Baked Beans/Sweetcorn Fruit Sponge with Custard	Beef Bolognese Cheese & Tomato Pizza Cheesy Pasta Pasta/Seasonal Vegetables Cold Desert Selection	Pork Sausages with Mash Veggie Balls in Tomato Sauce with Pasta Jacket Potato with Choice of Filling Seasonal Vegetables Fruit Cookie	Chicken Roast with Stuffing Veggie Sausage Turnover Quorn Fajita Roast Potatoes Cabbage/Carrots Selection of Yoghurts	Fish Fingers Quorn Dippers with Sauces Pasta Napoli Chips Peas Brownie
WEEK 3 12/11/18 03/12/18 07/01/19 28/01/19 25/02/19 18/03/19	Chicken Grill Veggie Enchilada Veggie Sausage Hot Dog Potato of the Day Seasonal Vegetables Chocolate Sponge with Chocolate Sauce	Chilli with Rice Cheese & Tomato Pizza Pasta Napoli Pasta/Sweetcorn Fruit Cookie	Chicken, Bacon & Sweetcorn Pie Vegetarian Curry with Rice Jacket Potato with a Choice of Filling Mashed Potato Green Beans/Carrots Cold Desert Selection	Beef Roast with Yorkshire Pudding Veggie Sausage Toad in the Hole Veggie Ball Sub Roast Potatoes Broccoli/Carrots Selection of Yoghurts	Fish of the Day Quorn Nuggets Jacket Potato with a Choice of Filling Chips Peas/Baked Beans Carrot Cake

Salad selection available every day as an alternative to vegetables
Dessert: Yoghurt, fresh fruit or fruit juice available daily as an alternative dessert.
Freshly Baked Bread is available every day as an additional menu item