

## Week One

## Week Two

## Week Three

W/C

22 Apr • 13 May • 10 Jun • 01 Jul  
22 Jul • 16 Sep • 07 Oct

29 Apr • 20 May • 17 Jun • 08 Jul  
02 Sep • 23 Sep • 14 Oct

06 May • 03 Jun • 24 Jun • 15 Jul  
09 Sep • 30 Sep • 21 Oct

Monday

- Chicken curry with rice
- Veggie pasta bake ✓
- Veggie sausage hot dog ✓

Seasonal vegetables or salad selection

Fresh fruit wedges with mini shortbread, yoghurt or fresh fruit



- Chicken grill with Southern style wedges
- Vegetarian curry with rice ✓
- Wrap of the day

Seasonal vegetables or salad selection

Chocolate sponge with chocolate sauce, yoghurt or fresh fruit

- Pork sausages with gravy
- Cheese quiche ✓
- Quorn burger in a bun ✓

Mashed potato, sweetcorn, baked beans or salad selection

Fruit cookie, yoghurt or fresh fruit

Tuesday

- Bubble-crumb salmon with potato of the day
- Cheese & tomato pizza ✓
- Pasta Napoli ✓

Sweetcorn, coleslaw or salad selection

Selection of cold desserts, yoghurt or fresh fruit

- Pasta Bolognese
- Cheese and tomato pizza ✓
- Cheesy pasta ✓

Sweetcorn, coleslaw or salad selection

Ice cream or frozen fruit smoothie, yoghurt or fresh fruit

- Mexican Fajita
- Cheese and tomato pizza ✓
- Sweet potato falafels ✓

Summer salad, coleslaw, peas or salad selection

Selection of cold desserts, yoghurt or fresh fruit

Wednesday

- Saucy meatballs
- Veggie Bolognese ✓
- Jacket potato with choice of filling

Pasta, green beans, carrots or salad selection

Summer fruit muffin, yoghurt or fresh fruit

- Chicken, bacon & sweetcorn pie
- Quorn pattie in a bun ✓
- Jacket potato with choice of filling

Mashed potato, green beans, carrots or salad selection

Selection of cold desserts, yoghurt or fresh fruit

- Barbecue chicken
- Jacket potato with a choice of filling ✓
- Fish goujons

Potato of the day, sweetcorn, green beans or salad selection

Apple sponge, yoghurt or fresh fruit



Thursday

- Chicken roast with stuffing
- Veggie sausages with stuffing ✓
- Wrap of the day

Roast potatoes, seasonal vegetables or salad selection

Fresh fruit or yoghurt



- Pork roast with stuffing
- Veggie pasty ✓
- Veggie ball sub ✓

Roast potatoes, seasonal vegetables or salad selection

Fresh fruit or yoghurt

- Beef roast with Yorkshire pudding
- Veggie sausage turnover ✓
- Wrap of the day

Roast potatoes, broccoli, carrots or salad selection

Fresh fruit or yoghurt

Friday

- Fish fingers
- Quorn dippers with sauces ✓
- Cheese Ploughman's ✓

Chipped potatoes, peas or salad selection

Flapjack, yoghurt or fresh fruit

- Crispy cod
- Quorn nuggets ✓
- Veggie sausage Ploughman's ✓

Chipped potatoes, peas, baked beans or salad selection

Carrot cake, yoghurt or fresh fruit

- Fish of the day
- Macaroni cheese ✓
- Jacket potato with a choice of filling

Chipped potatoes, peas or salad selection

Brownie, yoghurt or fresh fruit

■ = 1st choice ■ = Vegetarian choice ■ = 3rd choice ✓ = Vegetarian.

Freshly baked bread and a salad selection is available every day; fresh drinking water is always available.

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